

## Types of Burns

When most are burned, they are unaware of the severity of their burn. There are three types of burns, all with different appearances and pain levels. You must know when to call for medical help!

### **SAFETY TIPS:**

- When To Call For Medical Help:
- If the burn is on the head, hands, or feet.
- If the victim is an infant, child, elderly, or is suffering from an illness.
- If swelling or infection develops.
- If there is marked discomfort or the burn is painless.
- If a third degree burn is suspected.
- If there is any doubt about how serious the burn is.
- Burns are often more serious than they first appear.
- For burn emergencies, call the UCSD Regional Burn Center 24 hours a day at (619) 543-6502, or call 9-1-1.

### **FACTS AND FIGURES:**

- BURN DEPTH CATEGORIES:

#### **First:**

- Appearance: Pink/Red
- Pain Level: Uncomfortable

#### **Second:**

- Appearance: Pink-pale, May Blister, Moist
- Pain Level: Marked Discomfort

#### **Third:**

- Appearance: Pale-White, Charred, Dry
- Pain Level: Painless, Some Pain